

## Eat Local

Food consumption is responsible for almost 25%

of all greenhouse gas emissions. Eating locally produced food can reduce your <u>carbon footprint</u> by up to



## **Shop Local**

The purchasing of goods can contribute up

to 60% of global greenhouse gas emissions. Reduce online purchasing, especially overnight shipments. Learn more about the carbon impact of shipping <u>here.</u>

## 7%.

Get to know your local farmer shopping at farmers' markets or participating in a Community Supported Agriculture (CSA) share. Learn about how eating local can help save the rainforest <u>here</u>.



Supporting small local businesses can not only boosts your local economy, but also helps promote walk and <u>bike friendly corridors.</u> Try shopping at local thrift shops, book stores, and craft fairs. Shopping

locally has 4x the economic benefit for the community.

